

# GRENSHELL MANUSSELS

IN THE HALF SHELL



## GREENSHELL MUSSELS

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Nestled in their distinctive emerald green shell, the New Zealand Greenshell<sup>™</sup>
Mussel has succulent plump meat and a sweet, tender taste.

### Scientific name

Perna canaliculus

### **Availability**

All year round (Peak season: September-June).

### Average weight

24-30g

### Average length

10-15cm, Reaching 23cm.

### Shelf life

24 months

### Keep frozen

at -18°C (0°F) or below.

### **Nutrition information**

AVERAGE QUANTITY PER 100g	
Energy	427kJ
Protein	14.7g
Fat, total	2.5g
- saturated	<1.0g
Carbohydrate	5.1g
- sugars	1g
Sodium	550mg
Coulain	0001118

### **Sustainability**

New Zealand Greenshell™ Mussels are often referenced as one of the best sustainable seafood options. Every farm must operate in accordance with a resource consent that sets strict conditions determined and enforced by the local council. Greenshell™ Mussels are governed by provisions within the Resource Management Act and the Aquaculture Act.



### **Cooking methods**

Greenshell™ Mussels are plump and richly flavoured. This versatile shellfish can be served hot or cold and cooked in a myriad of ways: bake, grill, sauté, barbeque, fry, curry, marinate, soup/chowder, smoke or steam.





### **Product details**

### Halfshell grades

Large 1kg, 2lb Medium 1kg,2lb Small 1kg, 2lb

### **Carton weight**

12kg & 10.9kg/ 24lb

### Approx. Count

1kg (-30), 2lb (-27), 1kg (30-45),2lb (27-41) 1kg (45+), 2lb (41+)













